

Before starting:

- Thaw chemically competent cell suspension on ice
 - Prepare LB/antibiotic plates and allow to dry if necessary
 - Turn on the shaker temperature to equilibrate
1. Aliquot 20 μ l of competent cell suspension (located in pre-aliquoted microcentrifuge tubes in the -80°C freezer) into a pre-chilled Falcon tube (BD #352059) and incubate for 2 minutes on ice.
 - *The size and brand of the tube used can change effectiveness due to plastic thickness.*
 - *Competent cells are frozen as 50 μ l aliquots sufficient for two transformations.*
 2. Add 1 μ l plasmid DNA to the Falcon tube and incubate for 30 minutes on ice.
 3. Heat shock the bacteria by placing the Falcon tube in a 42°C water bath for exactly 45 seconds; then, immediately place on ice for 2 minutes.
 - *There are many different variants of chemically competent cells. Check the protocol for the cells being used for recommended heat shock conditions.*
 4. Add 1 ml SOC medium to each tube and incubate at 37°C with agitation for 60 minutes.
 - *Volume, temperature, and/or time may change based on the cells and/or the plasmid used.*
 5. Plate 0.5 ml onto LB/antibiotic plates, and allow them to sit for approximately 10 minutes.
 - *Be sure to use the antibiotic appropriate for the plasmid.*
 - *Less transformation mix can be added if high transformation efficiency is expected.*
 6. Incubate overnight at 37°C . Make sure to store the plates upside down in the dry heat incubator.
 - *Temperature and/or time may be different based on the cells and/or the plasmid used.*
 7. Remove plates from the incubator, wrap in parafilm, and store at 4°C .
 - *Plates can only be stored at 4°C for a few weeks before they will begin to grow mold.*

Buffer recipes

- SOC medium (for 1 L total volume):
To 950 ml Milli-Q water, add:
20g Tryptone
5g Yeast Extract
0.5g NaCl
Mix with a magnetic stir bar until dissolved.
Add:
10 ml of dissolved 250 mM KCl
Adjust the pH to 7.0 with 5 N NaOH.
Adjust the volume to 1 L.
Autoclave
Once cooled, add 20 ml of 1 M glucose.
- LB/antibiotic Plates:
LB Media (Luria-Bertani media):
To 950 ml Milli-Q water, add:
10 g Tryptone
5 g Yeast Extract
10 g NaCl (Janes Lab concentration)
pH to 7.0
(CSH protocol recommends 5 g NaCl)
To LB Media, add:
15 g/L Agar
Autoclave
Add appropriate antibiotic when agar has cooled to 50–60°C.
Pour 20–30 ml onto each plate and allow to harden at room temp.
Invert and seal (bagged or with parafilm) plates, then store at 4°C.